The Warrior Weekly

Bethel Regional High School

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Bethel, Alaska



High School XC team competes at Colony

by Hilary Oscar



BRHS high school cross country team at their last meet in Palmer, AK. Photo by Coach Saltzman.

The BRHS high school XC team went to Colony High School for the 5,000 Open Race, and the Varsity Race on August 28, 2021.

Here's who participated in the 5,000 Open Race and their places: Payton Boney 9th, Sheldon Smith 23rd, Liam Phelan 24th, Charles Smith 31th, Cadence Cedars 31st, Beth Hensley 39th, Tyler Laurax 52nd.

These are the Warriors who ran in the 5,000 Meter Varsity Race and their places: Landon Smith 27th, Fiona Phelan 29th, Peter Crow 39th, Maya Komulainen 41st, Katherine Small 45th, and Paul Dyment 50th.

Here are some words from the runners: Fiona Phelan said, "My highlight from last week meet was beating my season PR by about 40 seconds."

Landon Smith said, "I enjoyed getting to see most of the team in their races and seeing how well they did."



BRHS senior runners were honored at Colony. From left: Beth Hensley, Charles Smith, Fiona Phelan, Peter Crow, Cadence Cedars, Landon Smith, and Alqaq Small. Photo by Coach Saltzman.

Cadence Cedars said, "The highlight of the meet was seeing most of our teammates beating their season records. Colony had a beautiful course and I was so glad to see everyones improvement on their time."

Charles Smith said, "It was great to see everyone race and improve from the weeks prior."

It's great to see the students being able to travel and play sports again. We haven't been able to play for awhile due to Covid, and I hope we can keep that going.

Bethel JH run to the Crane

By Ambrea Jackson



JH cross country runners. Photo by Coach Guinn.

The BRHS junior high cross country team competed in the Crane Run with Warrior power to the finish line on August 27.

There were ten runners: Aidan Crow, Ashlynn Lonewolf, Ella Thompson, Ethan Wheeler, Justine Erickson-Bradney, Kaysen Koutchak, Mason Bean-Polk, Riley Boney, Rose Dyment and Steven Butte. According to Coach Guinn, "In an effort to keep spectators spread out, the race didn't start in the parking lot at GJE as is customary."

The race began on the south side of BRHS where the buses line up. The JH runners ran on a dirt road and one of the hilliest routes that Bethel has. They ran by the City Utilities Building, the dog pound and toward the dump, about 2 miles.

First: Mason Beans-Polk 13:33 Second: Aidan Crow 13:41 Third: Kaysen Koutchak 14:15

First: Rose Dyment 15:41 Second: Ella Thompson 16:12 Third: Ashlynn Lonewolf 19:25

BRHS volleyball shows perseverance at Nikiski by Warrior Weekly Staff

The Warrior varsity volleyball team demonstrated impressive teamwork and skills at the Shayna Pritchard Memorial Tournament in Nikiski, AK August 26-28.

They played against Kenai Central, Sitka, Nikiski, and Soldotna. Although they didn't win, they worked hard. Currently, the varsity and jv teams are traveling to play in Valdez. You can catch updates on the BRHS facebook page: https://www.facebook.com/BRHSWarriors/ See photos below!





Top: Warrior Varsity volleyball team setting up the ball. Left: Bryn Garrison and Ava Lieb going up for a block. Below: Jordan Wheeler spiking the ball over the net. Photos by Coach Wheeler.



BRHS ACTIVITIES 9/7-9/10

- ★ BRHS Jr. High Cross Country Running will be traveling to Anchorage and competing at the ACS (Anchorage Christian Schools) Class Races on Friday at 2 pm. They will then race at the Palmer HS course Saturday afternoon.
- ★ BRHS High School Cross Country Running will also be competing at the ACS Class Races and at Palmer High School this Friday and Saturday.
- ★ BRHS Varsity and JV Volleyball will be driving to Valdez to compete in separate tournaments this Friday and Saturday.

Wrestling Update!

JH and HS wrestling begins September 29th!

If you plan on participating, make sure to get a physical exam completed <u>and</u> all of the required paperwork.

See Coach Holkesvik (JH) or Coach Lieb (HS) for more information!



Hunting in the Kuskokwim area

By Melissa Engebreth



Mr. LaValle and his daughter, Ellie, moose hunting in the tundra. Photo provided by Mr. LaValle.

Moose season started in the beginning of September. It's the time when some people go out hunting to catch moose. People hunt, spend time with family, have fun, people usually go out to go get meat for family and friends.

Here are some responses from BRHS students and teachers: Hans Holkesvik said, "Actually, my most vivid memory is of pulling into the harbor. We went out for a very short while and hadn't seen any sign of moose other than a couple tracks in one spot, so we headed back to Bethel. Then as we were pulling into the harbor I looked along the slew leading into it and saw a cow and a calf right there; we drove to within about 30 yards, and it was a pretty neat sight."

BRHS student Mason Fitka--photo from the fall of 2020. He caught another moose just this month!



Jon Lavalle said, "The thing I remember the most was sharing the beautiful fall meadows with my daughter for the first time. We did not catch, but it may have been my best moose hunting trip yet because Ellie came along."

Mason Fitka said, "The most memorable part would be catching the moose. I had gotten out of my tent to use the restroom and across the river from camp we saw the moose. We hurried into the boat and got to it before it got on land. Right before sunset we shot the moose on the shore."

Landon Burke said, "I went to Quinhagak to hunt.

I was out camping for one day but didn't see any. It was fun we climbed up mountains, hung out, fished, shot some guns, and got some geese."

Hunting is a great thing to do, learning things from parents and grandparents, spending time with family, and seeing all the beautiful nature around you.

A Walk in Bethel

By: Capriana Aloralrea



The Kuskokwim River at dusk. All photos by Caprianna Aloralrea.

In Bethel, Alaska as you walk around you will see many people out and about. Some people are running their errands or out just enjoying their time. On beautiful sunny days many people are out doing their own thing and on gloomy days you would not see as many people. But they are still out there along either sides of the roads or on little trails. Bethel has little beauty to it, but it is still out there somewhere, you just have to explore it a little to find your type of beauty.

If you love the beauty of the tundra but don't really want to walk through it there is a boardwalk in the middle of town, with a long wide view of the tundra along both sides of it. Along this stroll you will see medium sized willow bushes. The bushes are a gorgeous green during the summer and gorgeous yellows to reds during the fall. Somewhere along the way you will be able to see a slough called the Brown Slough. It has a couple of inhabitants like the muskrats and beavers, it also has a dam that was built by a beaver long ago. If you are not that much into the tundra or strolling along the boardwalk, Bethel has a seawall with trails you can walk on.

The trails along the seawall have big trees along the side of the trails that are very similar to the willow bushes along the boardwalk. The trails along side of the seawall has a view over the river next to Bethel that is called the Kuskokwim River. You may see many types of boats, some filled with villagers because Bethel is known as a hub to many small villages along side the river. You may also see cargo ships and fishing barges that pass by. If you are not really into the views of bodies of water, Bethel also has a sand pit.

Here, you can trudge, stroll, walk around at your own speed. The sand pit has large mounds of dirt that are larger than six feet tall that you climb around or go to the top and look at the beautiful view. From the top of these mounds you can see long roads with the occasional car passing by, buildings off in the distance, and a little sea of trees. But be careful some of the mounds inhabit swallows and small birds. You may also encounter people riding around on either motorcycles, four wheelers, or cars/trucks. Bethel may not seem to have much beauty to it but you can still find it in the smallest of places.



A beautiful sunset along the boardwalk in Bethel, AK.